

**ERAS Collaborative
Learning Session 1 Program**

November 25, 2014

UBC Medical Student & Alumni Centre

2750 Heather St, Vancouver V5Z 4M2

Entrance on corner of Heather Street @ 12th Ave

www.med.ubc.ca/alum/msac

Time	Session/ Location	Speaker(s)/ Facilitator(s)	Learning Objectives
8:00-8:30	Sign-in and Breakfast		
8:30-9:00 (30)	Welcome <i>(Hardwick Hall)</i> <ul style="list-style-type: none"> • What is the provincial ERAS Collaborative? • History, vision, goals • How will we work together? • What resources are available? Ice-Breaker	Dr. Ahmer Karimuddin (ERAS Collaborative co-chair) & Angie Chan (ERAS Collaborative Project Manager)	Discuss the Collaborative method as a quality improvement strategy
9:00-9:20 (20)	Overview of ERAS <i>(Hardwick Hall)</i> <ul style="list-style-type: none"> • What is ERAS and why apply ERAS practices? • Literature, results • ERAS in the world 	Dr. Ron Collins (ERAS Collaborative co-chair)	Summarize ERAS protocol, discuss current state of evidence in the world to assess value of the pathway This is not meant to be an extensive discussion of the pathway. Background education on the ERAS pathway provided via separate webinar for interested sites prior to LS1.
9:20-9:40 (20)	What is possible? Stories from the ground <i>(Hardwick Hall)</i> <ul style="list-style-type: none"> • Presentations by experienced site teams on ERAS implementation to date 	Vancouver General Hospital site team	Review implementation experience of VGH to gather ideas for implementation/testing at own site

9:40-9:45	Transition to break out		
9:45-10:35 (50)	<p>Break Out (choose one)</p> <p>1) Improvement Basics (<i>Hardwick Hall</i>)</p> <ul style="list-style-type: none"> Designed for new teams and new team members to the Collaborative Charter Aim statements <p>2) Accelerating improvement: Making sense of your data (<i>Videoconference Room</i>)</p> <ul style="list-style-type: none"> Designed for teams who have sustained improvements in at least some ERAS pathway elements, have collected data, and are ready or in the process of analyzing outcomes 	<p>Geoff Schierbeck, Quality Lead, BC Patient Safety & Quality Council</p> <p>Kimberly McKinley, SCR liaison and Data support, BC Patient Safety & Quality Council</p>	<p>Review Model of Improvement and PDSA cycles in order to apply these quality improvement tools during action periods in own sites</p> <p>Discuss ways to apply data to quality improvement, address scenarios where data do not match expectations, in order to support data analysis at own sites</p>
10:35-10:50	Break (<i>Latham Hall</i>)		
10:50-11:35 (45)	<p>Measuring Improvement: What can data do for us? (<i>Hardwick Hall</i>)</p> <ul style="list-style-type: none"> Why collect data? How can data be used for QI? What are the minimum data collection requirements? How can ERAS and NSQIP data work together? What are the challenges to data collection? What are possible solutions that can be tested during Action Period 1? Site teams describe data collection, challenges, solutions, how data have been applied, results: Royal Inland Hospital presents experience with ERAS Society Interactive Audit System and ERAS in NSQIP (National Surgical Quality Improvement Program); St. Paul's presents experience with customized data set and spreadsheet Open discussion 	<p>Dr. Ron Collins (ERAS Collaborative Co-chair), Kimberly McKinley (SCR liaison and Data support, BC Patient Safety & Quality Council), Royal Inland site team, St. Paul's Hospital site team</p>	<p>Review and discuss minimum data set and auditing as critical aspect of ERAS protocol</p> <p>Discuss data collection strategies to gather ideas for implementation/testing at own sites</p>

11:35-11:40	Transition to break out		
11:40-12:10 (30)	<p>Team Meeting #1: Becoming a Team (<i>Room assignments TBD</i>)</p> <ul style="list-style-type: none"> Create Charter, develop aim statements and goals, identify who needs to be on the team (review site level EOI), who will be the main contact for the AP, meeting times, format and frequency, roles of members, who will be the admin contact 	Team work facilitated by an Advisory Panel member, preferably from same HA	Provide site teams time to apply and discuss concepts and tools learned during the morning sessions
12:10-1:00 (50)	Lunch/Networking (<i>Latham Hall</i>)		
1:00-1:50 (50)	<p>Break Out: Hot topics (choose one)</p> <p>1) Goal-directed fluid therapy (<i>Latham Hall</i>) 2) Role of the Nurse Navigator & Patient Education (<i>Hardwick Hall</i>) 3) Bowel Prep (<i>Alumni Room or Videoconference Room</i>)</p> <p>Open discussion</p>	<p>Topic 1: Dr. Richard Merchant (ERAS Collaborative Advisory Panel, Royal Columbian Hospital)</p> <p>Topic 2: Garth Vatkin (ERAS Collaborative co-chair, nursing)</p> <p>Topic 3: Dr. Ahmer Karimuddin (ERAS Collaborative co-chair, surgery)</p>	Discuss and debate areas of the ERAS pathway that are controversial or where there is no consensus recommendation in order to develop and assess ideas for implementation at own sites.
1:50-1:55	Transition to large hall		
1:55-2:45 (50)	<p>Stakeholder engagement (<i>Latham Hall</i>)</p> <ul style="list-style-type: none"> 25/10 format: Rapid idea generation on urgent/challenging engagement questions 	Garth Vatkin, ERAS Collaborative co-chair, nursing	Rapidly generate and evaluate ideas that teams could test at own sites
2:45-2:50	Transition		
2:50-3:15 (25)	<p>Action Period 1: What to expect? (<i>Hardwick Hall</i>)</p> <ul style="list-style-type: none"> Activities and support during the action period How to make the most of Action Period 1 and avoid some common pitfalls 	Angie Chan, ERAS Collaborative Project Manager & Valerie MacDonald, Clinical Nurse Specialist Orthopaedics/Surgery, Fraser Health	Describe the purpose and activities of the action periods and identify common challenges faced by teams during action periods

3:15-3:30	Break (<i>Latham Hall</i>)		
3:30-4:15 (45)	<p>Team Meeting #2: Developing a Work Plan</p> <ul style="list-style-type: none"> • Develop work plans for engaging key stakeholders, holding regular meetings, assigning roles, integrating key people who could not make it to the learning session • Identify the changes to test between now and Learning Session 2. • Define ways to measure planned changes and develop data collection plan • Leave with a list of deliverables and who is accountable <p><i>Please complete the Learning Session evaluation form found in your folder and return to the sign in desk. Your feedback will help us improve future learning sessions.</i></p>	Team work facilitated by an Advisory Panel member, preferably from same HA	Provide site teams time to plan for action period 1 and apply concepts learned in earlier sessions
4:15-4:30 (15)	Closing Remarks (<i>Hardwick Hall</i>)	Dr. Sean Virani, Specialist Services Committee Co- Chair	
4:45-6:00	Light Reception (<i>Latham Hall</i>)		

This event is an Accredited Group Learning Activity eligible for up to **6.5** Section 1 credits as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada. This program has been reviewed and approved by UBC Division of Continuing Professional Development. Each physician should claim only those credits he/she actually spent in the activity.

If you would like to review speaker disclosures, please contact Angie Chan, Project Manager, achan@doctorsofbc.ca

This program is subject to minor changes.

Walking directions from the Park Inn & Suites Hotel (898 West Broadway , Vancouver, BC, 604-872-8661):

Walk east along Broadway St, turn right (South) on Heather St. Entrance to the UBC Medical Student & Alumni Centre (2750 Heather St) is at the corner of Heather St. and 12th Ave. ~8 minute walk